

Posies From My Garden - Supply list:

Pattern: \$14 (includes freezer paper templates) Payable to teacher in class

Supplies:

- mini iron and a firm ironing surface
- 1/4" stencil brush, spray starch, a small container to hold starch
- Roxanne's glue baste and small appliqué pins
- appliqué needles #11; embroidery needles # 8; chenille needles #22
- 20"x20" piece of foam core
- 1/4yd of Presto Sheer
- personal sewing lamp, electrical cord and power strip
- stiletto, sharp to the point scissors and paper scissors, tweezers, and an emery board
- pencil for marking fabric and a roll of 1/4" quilter's tape
- any basic sewing notions that you like to use, such as a thimble, needle threader, thread heaven, etc.

Fabrics and embellishments:

- background fabric 20"x20", with vertical and horizontal registration lines stitched
- small pieces of a variety of fabrics in your choice of colors for the appliqué. Allow extra fabric for fussy cutting. I used a combination of cottons and silks to make the flowers, but cottons alone are equally charming. Be sure to bring contrasting shades of each color fabric for shading. I love batiks and ombré fabrics as they have great variations of color.
- thread to match appliqué pieces (silk or cotton)
- silamide or nymo thread for sewing beads (available at beading shops)
- tiny seed beads and embroidery floss (silk or cotton) for vining and embellishments. I used a metallic gold thread to embellish some flower centers.
- additional embroidery floss for a monogram or fabric for broderie perse if you want to add something special to the center of the wreath
- thin cotton batting to stuff petals (approx. 12"x12")

Notes and tips:

— Many types of silk are suitable for appliqué, however they should be stabilized before stitching. I prefer using Presto Sheer to stabilize silks. It is available online from Sue Spargo if your local shop does not carry it. Dupioni silk is available in the bridal section of most fabric shops. Many hand dyed silks are available online at Ornamental Appliqué. Hand dyed matelassé silk (my favorite!) and silk ribbons are available online from maryjohiney.com. You only need a small amount of silk to add a petal or two to each flower. But again, cottons alone will be fine if you prefer.